

THE PAS HEALING EXPERIENCE

**BOOK YOUR
PACKAGE
TODAY!**

TAWOW! WELCOME TO THE PAS, TREATY 5 TERRITORY!

**JOIN US FEBRUARY 2025/
MARCH 2023**

Participate in an immersive learning experience, guided by Indigenous leaders and allies. This experience will provide insight into Indigenous and Cree culture. You'll have the opportunity to hear the stories that need to be heard and enter a transformative journey that will spark insight into self.

Over the span of three days, you will learn:

- How to honour the land and our Indigenous ancestors
- About the traditional trapper lifestyle that originates from our Indigenous ancestors
- How to survive in the wilderness and how to forage for food

And most importantly, you will enter a journey of learning more about yourself!

Indigenous tourism is Reconciliation in action.



Itinerary and packages were developed in partnership with Indigenous partners, and reviewed by Opaskwayak Cree Nation.



**Includes Airfare,
Accommodation,
All Meals,
Non-Alcoholic
Beverages &
Experiences**

**Only Ten Spots
Available per Date**

Does not include
gratuities, and or taxes
and fees.

**THANK YOU TO OUR
TOURISM PARTNERS:**

Richard Danielson &
Adrianna Sawchyn of
Aurora Sacred Healing
Maureen Brown, OCN
Councillor
Sherwin Moore
Al McLachlan of Birch
Syrup
Evergreen Lodge
UCN
Calm Air
Heartland Travel + Tours
Communities Economic
Development Fund
PrairiesCan

Sample Itinerary:

**Fly North for
ADVENTURE**



DAY 1 (TUESDAY)

- 1:20 p.m. Flight arrival with Calm Air
- 2:00 p.m. Check-in
- 2:30 p.m. Lunch by Aurora Sacred Healing
- 3:30 p.m. Education session with Indigenous partner, Maureen Brown, Opaskwayak Cree Nation Councilor, followed by a tea sampling and meditation by Adrianna Sawchyn, Aurora Sacred Healing
- 5:00 p.m. Sweat Lodge (optional) with Indigenous partner, Sherwin Moore
Dinner by Aurora Sacred Healing (moose stew and bannock)
Traditional music by Indigenous partner, Don Brown
- 8:00 p.m. Sleep at Evergreen Lodge

DAY 2 (WEDNESDAY)

- 8:00 a.m. Breakfast by Aurora Sacred Healing with birch syrup tasting by Al MacLachlan
- 9:00 a.m. Survival wilderness training: Learn how to build a fire, feed off the land and how to build a shelter with Aurora Sacred Healing
- 10:30 a.m. Winter hike through Rat's Creek and build a shelter outdoors
- 12:30 p.m. Shore fish fry by Indigenous partner, Richard Danielson of Aurora Sacred Healing
- 1:00 p.m. The history of trapping, by Indigenous partner, Richard Danielson of Aurora Sacred Healing
- 2:00 p.m. King & Queen trapper competition* by Indigenous partner, Richard Danielson & Adrianna Sawchyn of Aurora Sacred Healing (*Not Associated with the Original Manitoba Trapper's Festival)
- 6:00 p.m. Outdoor cooking class with Aurora Sacred Healing
- 9:00 p.m. Sleep at Evergreen Lodge
Aurora borealis viewing and star gazing with Al MacLachlan

DAY 3 (THURSDAY)

- 8:00 a.m. Breakfast & yoga by Aurora Sacred Healing
- 2:00 p.m. Flight departure with Calm Air

Calm Air would like to recognize CEDF with the support of PrairiesCan for providing financial assistance for this new and exciting marketing campaign and/or offering.

*Itineraries are subject to change

BOOK NOW

Spots are limited, reserve yours
today at 204.989.9634 or at
calmair.com